



07 June 2026 - Corpus Christi - A

Holy Masses



Saturday Vigil

5pm Hanmer Springs
(Every Saturday)

7pm Culverden
(Every Saturdays)

Sunday Mass

8.30am Amberley
(Every Sunday)

11am Cheviot
(1st & 3rd Sundays Only)

10.30am Hawarden
(2nd & 4th Sunday Only)

The Beatitudes, Leithfield
11am - Every Sunday

Weekday Masses

Amberley
Mon - Fri: 8:30am

The Beatitudes, Leithfield
Mon & Thurs: 6pm
Other week-days: 12pm



Adoration & Reconciliation

Amberley

Every Thursday 7pm

1st Friday / month 7:30am

Confession by Appointment
or before Mass



Amberley Church Hall

Rosary

Wednesday 1:30pm

Kalavale

Parish's cup of tea & raffles
1st Sunday of the Month.

St Joseph Men's Group

2nd & 4th Monday 7pm-9pm

"The Three F's of Corpus Christi: Food, Faith, and Fellowship"

Dear brothers and sisters in Christ, today we celebrate the beautiful Solemnity of Corpus Christi—the Body and Blood of Christ. In today's Gospel, Jesus says, "I am the living bread that came down from heaven." These words remind us that the Eucharist is not only something sacred we see on the altar; it is Jesus Himself, lovingly given for us. For us here in Hurunui, where life can sometimes feel busy, quiet, or even lonely, Jesus reminds us that He stays close to us. Through the Eucharist, He strengthens us for daily life. Today, I want to share three simple lessons beginning with the same letter: F – Food, Faith, and Fellowship.

1. FOOD – Jesus Feeds Us

We all know the importance of food. After a long day of work, farming, caring for family, or facing the cold weather, we need nourishment to continue. Jesus says, "My flesh is true food." He knows that our souls also become tired, worried, or discouraged. The Eucharist is spiritual food. Jesus feeds our hearts when life becomes difficult. He gives strength when we are weak, peace when we are anxious, and hope when we feel discouraged. Every Mass is a reminder that Jesus does not leave us hungry.

2. FAITH – Jesus Invites Us to Trust

Sometimes life is uncertain. We worry about family, finances, health, or the future. Yet in the Eucharist, Jesus says, "Remain in me." Faith means trusting that Christ is truly with us even when life feels hard.

When we receive Holy Communion, we are saying, "Lord, I trust You." Faith grows not only in big moments but in daily prayer, quiet trust, and faithful attendance at Mass. Even a small faith can grow strong when nourished by Christ.

3. FELLOWSHIP – Jesus Sends Us to Love Others

The Eucharist is not only about me and Jesus. It also teaches us to care for one another. We become one family in Christ. After receiving Jesus, we are called to bring His love into our homes and community.

In Hurunui, fellowship may mean checking on a neighbour, helping someone struggling, forgiving a family member, or simply listening to someone who feels alone. Christ feeds us so we can help feed others with kindness and compassion.

Dear friends, today let us remember these three simple lessons: Food, Faith, and Fellowship. Jesus feeds us, strengthens our faith, and sends us to love.

Practical Reflection Question:

This week, how can I let the Eucharist change me through one act of Food (care), Faith (trust), or Fellowship (kindness) toward another person?

FIRST READING: Deuteronomy 8:2-3,14-16

He fed you with manna, which neither you nor your fathers had known

Psalm 147:12-15,19-20

Praise the Lord, Jerusalem.

SECOND READING: 1 Corinthians 10:16-17

That there is only one loaf means that, though we are many, we form one body

John 6:51-58

My flesh is real food and my blood is real drink

HYMNS for SUNDAY MASSES

(May vary on the day)

883: Christ be our light

605: Take our Bread

832 One bread one body

360 As I kneel

ONE MINUTE CATECHESIS - Catholic Teaching on Corpus Christi

1. What is the Solemnity of Corpus Christi?

The Solemnity of Corpus Christi celebrates the real presence of Jesus Christ in the Eucharist—His Body, Blood, Soul, and Divinity. The Church teaches that during the Mass, the bread and wine truly become the Body and Blood of Christ through the power of the Holy Spirit and the words of consecration spoken by the priest. The Catechism teaches that the Eucharist is “the source and summit of the Christian life” because all the grace and life of the Church flow from Christ present in the Eucharist (CCC 1324).

2. Does the Catholic Church believe the Eucharist is only a symbol?

No. The Church teaches that the Eucharist is not merely symbolic. According to the Catechism, Jesus is truly, really, and substantially present in the Blessed Sacrament (CCC 1374). Through what the Church calls transubstantiation, the appearance of bread and wine remains, but their substance becomes Christ Himself (CCC 1376). This teaching comes from Jesus’ words: “This is my body” and “This is my blood.”

3. Why is Corpus Christi important for Catholics?

Corpus Christi reminds Catholics of Christ’s great love and sacrifice. Jesus continues to nourish His people spiritually through Holy Communion. The Catechism teaches that receiving the Eucharist unites us more deeply with Christ and strengthens our bond with the Church (CCC 1391–1396). It is a gift of grace, unity, healing, and spiritual strength.

4. What is the practical implication in daily life?

Corpus Christi calls Catholics to become what they receive. If we receive Jesus in love, we must show love to others. Daily life should reflect Eucharistic living: kindness in families, forgiveness in relationships, care for the poor, honesty at work, and faithful participation in Mass.

From the workshop- words on St Joseph- Fr Calloway’s book Page 171

If St Joseph lived with Jesus for 30 years, his vocation was one of perpetual adoration. In many ways, the home of the Holy Family in Nazareth was the first Christian Monastery.

Notices

Amberley - Adoration of the Blessed Sacrament: every Thursday evening between 7 to 8pm.

Please take this as a personal invitation to spend some time with Jesus in the Blessed Sacrament.

As he said "He will be with us always even to the end of time"

Fr Rex will be away.

Fr Rex will be away from Monday 1st June to Wednesday 17th June 2026.

Masses will continue as usual and will be celebrated by Fr Larissa from the Beatitudes Community.

Parish Priest: Fr. Rex Ramos - padrepio1428@gmail.com - 03 319 8730 **Parish Email:** catholicurunui@gmail.com

Parish Treasurer - Secretary : Thomas Peacock - catholicurunuitreasurer@gmail.com - Office Hours Friday 8:00am - 3:00pm